



ENGLAND MEN'S & MIXED NETBALL ASSOCIATION

Age Banding Guidance and Support

The England Men's and Mixed Netball Age Banding process ensures that talented young players have the ability to play up into a higher level or age group while also safeguarding them against the challenges of these higher levels. For any participant who wishes to play outside of their age band, the participant's coach, parent(s), or guardian, and the Club Safeguarding Officer (SGO) must complete the Age Banding Form (available in the list below) and sign, having read the Age Banding Guidance provided, to confirm that the player in question is suitable to play outside of their age band. This form should be submitted to the competition organiser alongside any entry or registration forms.

Please note that forms should only be submitted to EMMNA when we are the competition organiser (e.g. National League or Tournament). For all other competitions, the Age Banding Form must be sent to the competition organiser.

EMMNA recommends that competition organisers adopt this process in their competition regulations, however, this is not mandatory, and where competition regulations state a different process, this will take precedence for that competition.

In the interest of fair and enjoyable participation in netball, it is recognised that the development of players, may make it desirable for them to train and/or play above their age band. EMMNA has developed this guidance for use in considering the appropriateness of a young person taking part in activities above their age band, with the welfare of that young person being paramount in that decision. This guidance applies to requests for any young person to be allowed to take part in activities with others above their age band at EMMNA events.

These restrictions are in place to ensure that all teams apply the same age limits and to ensure the protection of potentially vulnerable players. In some exceptional circumstances, a player may demonstrate a level of skill and maturity that suggests they may be more suited to taking part in an activity in a higher age band. In these circumstances, representatives from the club/school (Coach and Club/School Safeguarding Officer) along with the parent should complete an assessment that will assist them in making a decision about that young person's suitability to play outside of their Age Band.



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The following Age Banding restrictions for all EMMNA national competitions *are recommended Age Banding guidelines, please refer to specific competition regulations to confirm eligibility:*

- Any athlete competing in U19 competition must be over the age of 16 and Under 19
- Any athlete competing in U16 competition must be over the age of 14 and Under 16
- Any athlete competing in U14 competition must be over the age of 11 and Under 14
- Any athlete competing in Adult competition must be over the age of 14

(All ages are taken at 11.59pm on the day immediately prior to the competition or event.)

The Process

A Coach (Level 2 or higher), Club/School Safeguarding Officer and the parent(s) or carer(s) of the player, must complete an Age Banding form, available from the Competition Organiser. This form should be used by all of the above individuals and if agreed between all parties, the form should be signed by all parties and sent through to the relevant Competition Organiser for the competition the player is being requested age banding permission to play in, alongside any other required registration forms or entry sheets. Upon receipt of this form by the Competition Organiser, the player is eligible to compete in the competition.

This process must be repeated for each season and individual competition. Where a form has been completed for a player at a certain round of a competition (e.g. National League) and the team progress enters another event in the same season (e.g. National Tournament), the form must be resubmitted to the Competition Organiser of the most recent event to ensure the player is eligible.

Safeguarding Considerations

EMMNA supports player development at every level and aims to ensure that, through guidance and provision, opportunities for this can be made available for all. Young netballers develop at different rates and therefore, the opportunities they require or request may not always be based on their chronological age. EMMNA have therefore developed this Guidance to assist schools, clubs, parents and players in making informed decisions about the suitability of individuals to “play up” from their age band.

Those closest to a player are best placed to make judgements on their emotional, social and physical development and maturity and, their readiness to “play up”. For this reason, EMMNA has determined that the only meaningful way for decisions to be made on the appropriateness



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of a player playing above their age group, is by these people. The list below shows those that should work together to assess the suitability of a player to “play up”;

- Parent
- Coach (Level 2 or higher)
- Club/School Safeguarding Officer

The coach is best placed to judge the young person’s physical development and skills level. They should consider:-

- The position within the team which the young person usually plays and the one which they would be playing in if they played up;
- The young person’s physical development in comparison to the other team members, including opposition;
- The potential impact on the team mates and opposition on the young person;
- The young person’s social and personal development, particularly in regard to their resilience for coping with new environments and greater demands;
- The benefits for the young person’s development (physiological, physical, tactical, technical etc.)

In all decisions, the welfare of the young person is paramount. This means their personal development and enjoyment of an activity are key determinants in reaching the decision, not the needs of a team or the attainment of results.

When considering whether an individual is suitable to play outside their age band, a risk assessment of the playing environment in which it is suggested the young person play, should be carried out. The whole event should be assessed including the training and any game environment, transport arrangements and changing facilities, to ensure that a safe environment for that young person exists. Where any identified risks are noted, consideration should be given to whether and how those risks can be minimised. Where the risks cannot be minimised, the decision should side toward caution.



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The risk assessment and risk management measures should be shared and discussed with the player, parent(s)/carers and the Club/School Safeguarding Officer.

As the Club/School Safeguarding Officer is responsible for ensuring that local arrangements for the safeguarding of young people are adequate, this person has an independent role in assessing the decisions of the coach. Their opinion must be sought and taken into account.

